

PRESS RELEASE

IMMEDIATE RELEASE

OVER 250 MEDICOS GATHER TO SHARE VARMAM SECRETS

Doctors across 6 medical systems will debate clinical results of varmam practice at the 1st National Conference on Varmology

Medical practitioners from Siddha, Ayurveda, Allopathy, Homeopathy, Physiotherapy and Naturopathy are all set to discuss debate and share the results of using varmam therapy in their practice.

Doctors trained in varmam therapy by the Arts Research Institute (ARI), Coimbatore, will present proof of their successful cures across 11 different types of ailments at the National Conference on Varmology, 2008.

The one-day doctors' conference is to be held at the Tamil Nadu Agricultural University, Coimbatore.

Varmam is one of India's ancient systems of medicine. It involves stimulation of vital points to set right the 'life force' in the patient's body. It is still being practiced in parts of deep southern Tamil Nadu.

According to ARI, if practiced accurately, varmam has no side effects or adverse effects and can provide effective cures at minimal costs. It can be used both in isolation and in combination with any other system of medicine.

"The science of varmam must be propagated. Our objective is to highlight the results of the varmam system of treatment and initiate a scientific approach to prove its efficacy," says **Dr. S. Yoganathan, M.S. (Ortho)** of ARI.

ARI is a registered public charitable trust, which has been spreading the science of varmam in Tamil Nadu since 2005. It has 14 treatment centres across India; 10 in Tamil Nadu and one each in Pondicherry, Karnataka, Andhra Pradesh and New Delhi. Nearly 700 medical practitioners have been trained by ARI till date. More than 10,000 people receive varmam treatment through ARI every month, at a nominal cost of Rs.100 per month.

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If you would like more information about this topic or would like to interview **Dr. S. Yoganathan, M.S. (Ortho)** please call **09842728028** at (phone number). Information on ARI is also available at www.ari.org.in